

Multivitamin with Omega-3s



- Promotes cardiovascular and cognitive health*
- Provides essential vitamins and minerals to support optimal wellness*
- Contains the beneficial omega-3s EPA and DHA
- A super-strength, iron-free, balanced formula
- Potency and quality guaranteed

Carlson®

Award-Winning Quality Since 1965

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Multi + Omega-3 is an all-in-one supplement that provides the most important vitamins and minerals we need daily, plus omega-3s. A single soft gel includes essential nutrients, vitamins and minerals to promote cardiovascular, cognitive, vision, and immune health. Provide your body with the key nutrients it needs to function properly with Multi + Omega-3.

1 Soft Gel Provides	
Vitamin A (as beta carotene)	1,500 mcgRAE
Vitamin C (from calcium ascorbate)	300 mg
Vitamin D (as cholecalciferol)	20 mcg
Vitamin E (as d-alpha tocopherol from soy)	134 mg
Thiamin (Vitamin B-1)(from thiamin mononitrate)	7.5 mg
Riboflavin (Vitamin B-2)	8.5 mg
Niacin (as niacinamide)	20 mg
Vitamin B-6 (from pyridoxine HCl)	10 mg
Folate (200 mcg folic acid)	340 mcg DFE
Vitamin B-12 (as cyanocobalamin)	60 mcg
Biotin	150 mcg
Pantothenic Acid (from d-calcium pantothenate)	20 mg
Calcium (from calcium ascorbate, dicalcium phosphate, and d-calcium pantothenate)	35 mg
Iodine (from potassium iodide)	150 mcg
Magnesium (from magnesium oxide)	50 mg
Zinc (from zinc glycinate)	7.5 mg
Selenium (from selenomethionine)	105 mcg
Copper (from copper glycinate)	1 mg
Manganese (from manganese glycinate)	1.5 mg
Chromium (from chromium nicotinate)	120 mcg
Molybdenum (from molybdenum glycinate)	37.5 mcg
Lutein	400 mcg
Boron (from boron glycinate)	1 mg
Vanadium (from Bis-Maltolato Oxo Vanadium)	200 mcg
Norwegian Fish Oil	400 mg
EPA (Eicosapentaenoic Acid)*	65 mg
DHA (Docosahexaenoic Acid)*	45 mg

1585-68



Size	Code
60 Soft Gels	1585
120 Soft Gels	1586

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